

MOST FREQUENT FORMS OF ONLINE GBV

- **1. Online harassment:** Online harassment can take many forms, but it can most usually include:
 - Unwanted sexually explicit emails, text (or online) messages.
 - Threats of physical and/or sexual violence by email, text (or online) messages.
 - Hate speech, meaning language that denigrates, insults, threatens or targets an individual based on her identity (gender) and other traits (such as sexual orientation or disability).



- **2. Cyber Stalking** - Cyber stalking is stalking by means of email, text (or online) messages or the internet.
Stalking involves repeated incidents, which may or may not

individually be innocuous acts, but combined undermine the victim's sense of safety and cause distress, fear or alarm.

Acts can include:

- Unwanted sexually explicit emails, text (or online) messages. Sending emails, text messages (SMS) or instant messages that are offensive or threatening.
- Posting offensive comments about the respondent on the internet.
- Sharing intimate photos or videos of the respondent on the internet or by mobile phone.

